



Meal of the day

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dinner breaded chicken fillet pots/veg</p> <hr/> <p>A selection of sandwiches /wraps/rolls,soup,crustyroll, Chickenfillet burgers,sausages,hotdogs,pizza, battered breast chicken balls,</p>	<p>Dinner Chicken curry and rice/ch ips</p>	<p>Dinner Pasta Bolognese/g arlic bread</p>	<p>Dinner Chicken goujons wrap/pota toes & veg</p>	<p>Dinner selection of chicken fillet burgers,chicken balls,fish fillets,pizzas,soup/rol l,wraps sandwiches,sausages ,hot dogs,</p>



Meal of the day
Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dinner Savoury mince</p> <p>potatoes & veg *****</p> <p>daily selection of beef burger,pizza,</p>	<p>Dinner</p> <p>Chicken curry and rice/chips</p>	<p>Dinner</p> <p>Chicken pasta bake/wedges</p>	<p>Dinner</p> <p>Chicken goujons/wrap or</p> <p>potatoes & veg,selection of dips</p>	<p>Dinner</p> <p>Chicken fried rice and curry sauce</p>



Meal of the day

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dinner Smoked bacon pasta/crusty roll ***** daily Selection of chicken fillet burgers,pizzas,sandwiches, Filled rolls,beef burgers,kebabs,sausages,etc</p>	<p>Dinner Chicken curry and rice/chips</p>	<p>Dinner Roast chicken/stuffing mashed potatoes and veg</p>	<p>Dinner Breaded chicken goujons/wrap or pots & veg,selection of dips</p>	<p>Dinner battered fish /mushy peas/tartar sce,mashed potatoes and veg,gravy</p>



Meal of the day

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dinner Lasagne/diced garlic potatoes mashed potatoes & veg,gravy ***** Vegetarian option available daily,also chicken fillet burgers,pizza,soup/roll,chicken kebabs,sausages,</p>	<p>Dinner Chicken curry rice/chips</p>	<p>Dinner Roast gammon stuffing pots /veg</p>	<p>Dinner Chicken goujons/wrap or pots & veg,selection of dips</p>	<p>Dinner Stuffed bacon rolls,mashed potatoes and veg,gravy</p>



Week 5

Meal of the day

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dinner grilled sausages pots/beans/veg & gravy *****</p> <p>Every day we have selection of chicken fillet burgers,pizza,sausages,soup/roll Beef burgers,sandwiches,filled rolls &chilled wraps. Also a vegetarian option is available daily!</p>	<p>Dinner Chicken curry rice/chips</p>	<p>Dinner Pan fried chicken, mashed potatoes & veg</p>	<p>Dinner Chicken goujons/wrap or pots & veg,selection of dips</p>	<p>Dinner Chicken schnitzel ,mashed potatoes and veg, gravy/beans</p>

All above dinners are meal of the day and charged at £2.80.....other items vary in price !

Our meals are made only from chicken breasts where applicable and premium butcher quality meats !

Please advise us of any dietary requirements?

Our menus are subject to change according to deliveries.

Available every day is.....

Bottled Water 75p

Bottled Milk 65p

Selection of fruit 50p

Biscuits £1

Yoghurts 80p

Fresh-fruit salad 80p

Ice-cream 50p

Jelly 50p

Crusty rolls/breads 45p

Apple/orange juice 65p

Selection of filled rolls, chilled wraps & sandwiches £2.40 - £2.80

Paninis £2.80

